

Pediatric Asthma Risk Score (PARS)



| PARS SCORING SHEET | | | |
|--|-----------------|-----|---------------|
| | Possible Scores | | Child's Score |
| | NO | YES | |
| 1. Parental Asthma | 0 | 2 | |
| 2. Eczema before age 3 years | 0 | 2 | |
| 3. Wheezing apart from colds before age 3 years | 0 | 3 | |
| 4. Wheezing before age 3 years | 0 | 3 | |
| 5. Black/African ancestry (child or parent(s)) | 0 | 2 | |
| 6. Skin prick test positive to ≥2 aero and/or food allergens | 0 | 2 | |
| Child's PARS <i>(add lines 1–6 above):</i> | | | |

| PARS SCORE INTERPRETATION | | | |
|---------------------------|-------------------------------|----------|--|
| Score | Risk of Asthma by age 7 years | Risk | Interpretation |
| 0 | 3% | LOW | Children with these scores have a 1 in 33 [score of 0] to a 1 in 9 [score of 4] risk of developing asthma by age 7 years |
| 2 | 6% | | |
| 3 | 8% | | |
| 4 | 11% | | |
| 5 | 15% | MODERATE | Children with these scores have a 1 in 7 risk [score of 5] to a 1 in 3 [score of 8] risk of developing asthma by age 7 years |
| 6 | 19% | | |
| 7 | 25% | | |
| 8 | 32% | | |
| 9 | 40% | HIGH | Children with these scores have a 2 in 5 [score of 9] to a 4 in 5 [score of 14] risk of developing asthma by age 7 years |
| 10 | 49% | | |
| 11 | 58% | | |
| 12 | 66% | | |
| 14 | 79% | | |